

109th May Call Celebrations, Bangalore by Master K. Parvathi Kumar



Discourse 1, 27th May, 2018

Hearty fraternal greetings to all the brothers and sisters who have come here to receive the Master's presence on this May Call day. The presence is much more when a group gathers. Group prayers are much more effective than individual prayers. Grouping the groups is what Master CVV does on this May Call day so that the individual consciousness expands into the group consciousness. Group experience is more splendidous compared to the individual experience.

Master suggested that we all meet for May Call, December Call, Equinoxes and Solstices as groups and invoke the energies that have come to this planet through him. Please remember that the Master was interested in aligning with the whole humanity and not with a particular nation or tradition or religion. He himself has come out of all traditions and stood out as a global citizen. Instead of trying to contain him within our own limited understanding, better we understand him to be universal and a transmitter of universal energy.

This energy came from the Brahman itself and through Varuna, Sirius star, Regulus star, Uranus and comet Halley, it reached out planet earth. Here, Master CVV, an advanced initiate from the ashram of Master Agastya was already waiting to receive the energy in Kumbakonam. From that day, he left out all the traditions that he was following and he break open as is the case with a Uranian principle. The objective is to join the greater truth by breaking out our limitations and traditions. That is why there are no rules for Master's prayer. He just asked us to invoke the sound CVV. It is triple E sounding letter. Eem is the sound relating to the Divine Mother. It is the energy which he intends to introduce to transform the vehicles which are now limited in their attributes.

He took to a system where the Brahman can be related to directly and that is why he calls it a direct path. He said that there is no need to follow many indirect ways as people generally do. Every tradition carries a bit of truth. So to understand the whole truth, we should embrace every tradition. There are many traditions in the east and west. So there are 2 ways to realize the whole truth. Either we find the truth in all systems or to stand above all of them and see the all permeating truth.

The space is one. We have space in this building. Every house around this building has space within them. We started naming the building and also rooms in those buildings. So we had different names for the same space which was segregated with walls. That is how all the traditions came up. The truth or the space was one but we started seeing it in parts and called the parts by different names.

Around the truth, so many formations happen which we call them as "Astha Avarnas". They are the 8 layers around the truth. And we are lost in them. We forgot to see the space as ONE and got stuck in the segregated spaces which we created by building walls. So the whole is lost by relating to the parts. The idea is to see the whole truth and not get stuck in paths. But we are limited in our understanding and we cannot see the truth as a whole unless we break out of our limitations. It is like trying to fit an elephant into a match box. It is better you come out of that match box and see the elephant.

When a baby is born, we think it is their first form but the form has already undergone millions of transformations in the mother's womb. Ever since birth, we have undergone millions and millions of transformations. If we trace back all these transformation, what exactly is your form ? There is nothing constant that we can say that this is our form. It is ever changing. You as the being remain eternal and you undergo no changes. That is why we generally do not feel the change because we as beings actually do not change. The change is only for the form. The soul is neither a male nor a female until it took to a form. I AM is neither. It can take to any form as per the natural law. There are many possibilities. We need to shift our identity from the form and personality that is ever changing. We need to realise ourselves as I AM.

So the beings are the same. The beings are all like the brothers. It is called brotherhood of beings and fatherhood of Lord. The Seers never dared to name Brahman. They called it THAT. We went on giving many names and started thinking the name is God. Name is just for convenience while God is an all permeating intelligence. It is present in everything in this creation. It gives us consciousness and also makes us go to sleep. It is the one which wakes us up again. What happened to us during sleep? Do you know where did you go? Even in awakened state do you know where were you before you took to this form or where will you do after leaving this form ?

This is what we need to inquire sincerely. This is not a casual thing because surely we have to depart one fine day. Where will you go then? Our ancestors have left the bodies, where did they go ? We should know what is going to happen after departure. This inquiry will lead us gradually into a realization that we are eternal. The form changes and it can be any form. The name, the people around, the situations and everything change from life to life. If everything changes, what is so special in associating with the identities in a particular form? Why not think of something beyond all this? That is what the Seers did.

We are eternal beings and the ultimate energy from which we have emerged is also eternal. Everything else in this creation is temporary. We should realise this. We should have hunger to know these things. Without hunger, knowledge cannot be gained. It is not for those who are satisfied with the daily routine in mundane world. There is lot of ignorant activity happening in this world in the name of the Lord but that makes no difference unless one gets into this knowledge. Without this knowledge, you die and start fresh forgetting everything that you gained in previous life.

All of us have been there on this planet from the very beginning of this planet. The Seers, through their hunger for knowledge, came to know lot of aspects about this creation and gave that knowledge to us. We have to pick up from them if we wish to come out this vicious circle of births and deaths.

Know that every life is like role playing. We play many roles throughout our life just like an actor takes to different roles in different movies. Don't we know the actual identity of the actor though his role and

identity in the movie is different. Even the actors themselves know their identities though they play different roles in different movies. The same happens with us across different lives. Then should we not remember our true identity and not a particular identity for a life?

We are so habituated to do the same thing in every life and thousands of lives have passed through. The situations might be slightly different but the core of the life remains the same. We live for the body and the family. The body might change and family might change but objective remained the same. So we should try to come out of this cyclic path. We keep on demanding for more and more lives and as a result creations keep happening. We should fulfil ourselves and move forward but not remain here.

I am playing the role of teacher when I am speaking here but I AM THAT I AM is the truth. I take to the role of a father and husband when I relate to my son and wife. We keep changing our roles depending on the persons around us. This role play apart, who AM I ? The name is given to us after we are born. Who are you before that name is given? It is a given name after all. Why are you so much attached to a given name? Why are you so much attached to a given form when it is ever changing? You are not your name or your form. You arrived first, you developed a form in the womb and then you were given a name after birth. The being or the soul inside is a resplendent pulsating unit of light. It keeps on pulsating. It takes to forms and gets out of forms. How is that functioning in us? It tells us regularly through respiration "Here I AM". You should take to respiration to know your true self. Respiration can lead us through the door which can lead us to our true identity.

We have all come from the sun as a ray. We are all sons of Sun. Then we have become sons of moon. That means we have decided to be more in mind than as soul. That is how Solar suns have become Lunar suns. We have go back by shifting our identity. We should have the hunger to know our true identity. We should not be satisfied until then.

So the idea of relating to Master CVV is to know beyond this life into the past and future. And to know what we truly are. If this is not your objective, do not waste your time in this path. In fact it is the case with the path of any true Master. All Grand Masters have the same objective. They have been working to lift us up from this play school and make us realise ourselves. That is the ultimate purpose of the teachings of any Master. Are we in this path for that or not ? Do we enquire "Who am I?" Or are we just habituated to these gatherings. If you just come, meet people and go, what is use of coming here? There should be some progress towards the ultimate objective.

Master wants to take us even beyond the causal world. One who is there can enter into the lower worlds without creating any consequences. That is how a Master of Wisdom lives. He does not create consequences yet he helps others. His work is causeless. He does not gain anything by helping us. That is why they stand above the causal plane.

The essential teaching of Master CVV is to 'turn inward'. You can be anything in the outer world. He is concerned with only those who are willing to 'turn inward' because as you turn inward, he is ready to help you. He can take you to the other side of pulsation. Pulsation is being conducted in you without your effort. Pulsation happens all the time whether we are awake or not. What is the intelligence that is conducting pulsation? What is on the other side of the door of pulsation? Why are we not inquisitive to know that? We are inquisitive a lot in knowing things happening in the mundane world but not what is happening within you. We are inquisitive to know what is happening next door in the outer world but not what is happening on the other side of the door within us. So the inquisitiveness should be oriented inward. Once you cross the door, you will be in a field of light. It takes you further to many other planes.

So the objective is to turn inward. Master CVV asked us to observe what is happening within while we sit for prayer. You should be more interested to know what is happening inside. We do lot of things outside but do not spend enough time to try and get inward. We are ready to do big rituals but not go inside. We say lot of things about the light while chanting different mantras but we do not make enough effort to see that light within. So inner visualization is fundamental by which you slowly gain proximity to the light within our spinal column. As we cannot do it easily, a Master who is on the other

side is willing to help us. That is why he says observe what is happening inside. That which we can perceive is the pulsation. It is THAT. That is given as the mantra "TAT SAT".

The teacher is the one who has gone to the other side and he knows how beautiful it is on the other side. He also wants us to come there and see for ourselves. It is like we thinking about people whom we love. The Masters are not satisfied being on the other side. They want all of us to experience like them because they think that we all ONE. Our understanding of our people is very little compared to the understanding of the Seers. They consider all the beings in all the planes of creation as ONE. They do not exclude any being. They seek the welfare of all the beings. They treat even animals equal to humans. That is their love. That is why Master CVV said that this energy uplifts all the beings on this planet.

Master CVV said that this path will be more embraced in the West first than in the East because the east is burdened with too many traditions. We cannot easily stand beyond our traditions. People in east cannot easily look beyond their traditions. That is why people in West can embrace this path easily. They are not stuck in many unwanted traditions.

Master CVV promised immortality to everyone who follows this path. He said that we would be able to form subtle and causal bodies which can be operated much more efficiently compared to the physical. Once you reach that state you realise yourself to be immortal. Why to seek temporary things from the Master when you gain an immortal status? We seek petty things from the Master and think that we are very intelligent. We go after temporary and unnecessary things.

We have the story of King Chitraketu who could not accept the death of his son. He asked Sage Angirasa to bring back his son to life. The sage does not agree first but he brings back the son to life. The son does not recognise anyone and when he told that the King is his father, he says "Father in which life? After departing from this body, I remembered that I had many fathers and mothers in many lives." Then the King realises his mistake.

Remember that beings come as your children and they are not your children forever. Once the form is gone, all the relations are broken. You may keep a picture of your ancestors in your house out of respect and relate to them but the being who left will not relate to you anymore. They may be already in some other form.

So you have an outer house and an inner house. The inner house in the heart centre. You can meet your Master in that inner house. That is what we observe in the story of Master DK as given in the book "Music of the Soul". A Master keeps moving out of the physical from time to time especially during the night hours. That is why they don't believe in houses. They know that there are much better houses and so what is the need for a house in the mundane world. That is why they do not own houses.

So you have to enter into the heart centre. That is from where we can be lifted up. We say "May we be lifted" but we cannot be lifted unless we enter the heart centre. To enter the heart centre, we should engage with the pulsation. Keep observing the pulsation as it happens within. Master CVV promised that if we keep observing what is happening within, he promised to take care of the rest. That is why he just asks us to sit and invoke and observe. There is nothing more that you need to do. There is no recommended posture. Any comfortable posture is allowed as long as the body does not move. Body will not move as long as it is comfortable. Then your mind remains. Turn it inward and observe what is happening inside. That is the only work you have to do.

Master CVV said "If you turn inward, I will take care of the rest. I will work it out for you because you are unable to work it out yourself." But the condition is we have to sit and observe. If you cannot do that, Master cannot do anything. So you should sit within. As many times as possible, each day.

There used be an advanced disciple of Master CVV named "Ramakotayya". He used to ask anyone who visited him "Shall we sit?" That used to be the question he asked anyone. Once they sit, he will

close eyes and go inside. It might take even hours by the time he comes out. He does not indulge in gossip with anyone. That is how he became an advanced disciple in the path.

So from tomorrow onwards, we will take morning and evening prayers a little more seriously and try to follow the Master's instruction. Sincerity in practicing yoga should always be there. Foremost principle in Master's yoga is prayer. So we gather here to consecrate ourselves again. We keep gaining inspiration to continue in the path.

Thank you one and all. Namaskarams.

Discourse 2, 28th May, 2018

Hearty fraternal greetings to all the brothers and sisters. Yesterday evening, we were deliberating upon the importance of the prayer. The prayer enables a lot of adjustments in the outer world and also in the inner world. The proof of the prayer happening within us is the adjustments that happen. In the outer world, the Master might make such an adjustment that the associations keep changing. Only desirable associations are allowed to continue. This is a great facility which the Master calls cut off. Firstly, he would ensure that our associations are restricted like the ones which might perpetuate our karma. There would be a change in your friend circles, in circle of relatives in such a manner that those who come in way to your practice of yoga are disassociated. In the outer world, there are so many associations which are not required. You are made to know which is essential and which is not essential. Normally we respond to every social call but here Master allows you to respond only to the essential ones. You are made to gently disassociate from the non-essentials.

There will be movies released almost every week. You need not watch every new movie. You can watch selectively the good ones. You need not spend time in the clubs. We need to spend more time in practice. Just because there are many restaurants, we need not visit all of them. We need not visit friends' houses regularly. You should differentiate between the essentials and non-essentials and attend only the functions or congregations which are very essential. If you pray regularly, Master himself gives a cut off that you will be able to attend only the essentials. The energy that presides over us decides which to work out and which not. You are only associated with that activity which would not disturb your present energy system and that which contributes to construct it further. The activity should not disturb or destroy your energy system.

All that you build is destroyed each time you take to unnecessary activities. That is why you are regulated with regard to your associations. You might be invited to many functions if you are an important person in the society but you need not attend all of them.

The beauty with the Master is the adjustments are so subtle that your associates would not feel that you have changed with regard to the association. You will be regulated by the touch of the Master. This regulation is important because you have something to do within. If your outer activity is not regulated, you will not have time and energy to go inside. The same energy and time is to be spent in practice.

Even your speeches are regulated. You would not indulge in gossip as you might be doing earlier. When you are always engaged in speaking and speaking, the energies are all dissipated into the surroundings. It is like leaving a tap open. The entire overhead tank is emptied out. People love their speech so much that they go on speaking and lose their energy. Master will reset the tongue and movement. He will reset everything in such a manner that our energies are utilised for inner building and not dissipated in the outer world.

That is what even the Lord tells in Bhagavad Gita. Do only what is to be done. Speak only what is to be spoken. You can even remain an observer when people around you are conversing. So tailoring needs to happen with regard to your actions and speech. Everything is tailor-made. This happens naturally when you are regular in your morning and evening prayers.

The morning prayer demands that you sleep early at night. The evening prayer demands that you organise your day well. It also depends on how you begin your day, in poise or not.

A yogic path requires us to gain all this discipline but Master promised to do all this if we are regular in our prayers. Even if someone visits you at your house, let him fall into the rhythm which you follow and not the other way. He will feel peaceful by falling into your rhythm. So there has to be setting in of rhythms in life which is guaranteed by the Master if we are regular in prayers.

The energy of Man is generally a mass energy unless it is tailor made according to certain purposeful rhythms. It is like sculpting an idol from a stone. The unnecessary parts of the stone are to be removed and what is left over is the desired idol. Likewise, there is a lot of undesirable energy in us which is eliminated and only what is essential remains. Non-essential actions and speeches are eliminated. Even with essential speeches, Master ensures that only essential words are used. If essential words are used, the intended meaning can be conveyed more precisely in a lesser number of words.

By regulating the thoughts, speeches and actions, the energy slowly takes to an upward direction instead of just moving in the horizontal fields. That is what we say 'horizontals meet verticals'. We become precise in our actions and speeches. We all have mobile phones. How precisely do we use them? They are a great facility which enable us to communicate with anyone in the world but that doesn't mean that we misuse them by using them continuously and unnecessarily. We speak with people living somewhere else for long hours because we have the mobile phone. As a result, we neglect the ones before us. Due to the mobile phones, we relate to people not before us and most of the times without any purpose.

Likewise, the television is also a facility to relate to the world. But you need to discriminate to use it properly. Otherwise it takes you too much into the outer world and energies are lost. So whatever progress you have made to go inside through prayers is lost by unnecessary use of things like mobiles and televisions. Whatever subtle is built through prayers is lost through unnecessary usage of the senses and organs. So, when you sit for prayer again, you are beginning again instead of continuing from where you left in the previous prayer. Again, and again, we try to build and we ourselves destroy. So hardly there is any progress. We think that we are doing a lot of good practices but the good practices are all neutralised by the other practices like indiscriminate use of senses and organs.

I am not saying don't relate to the world. Set a limited time to watch news or some sport or some programme. They should not dominate your practices as an aspirant. Are we as regular with our prayers and practices as we are regular with usage of mobiles and televisions? We are being hoodwinked by these things in the name of facility. We misuse them a lot and as a result whatever we gained through prayer is lost.

Self-regulation is very difficult these days. That is why Master promised that he himself would regulate provided we are regular with our prayers in the morning and evening. If you are not regular, then nothing will happen. If you are regular with prayers, Master will ensure that you will not relate with anyone unless it is essential. Even others cannot relate to you unless it is very essential for them. This will truly happen if you are regular with prayers. This I observed clearly in the life of Master EK. People used to try and meet him but they could not if the meeting was not essential. If you are with the Master energy, no one can meet you unless it is essential. You can't meet just because you know someone if you are in this path.

Master CVV said "if you have work with some person, I will ensure that person will come and meet you". That is how he takes care of us. You need not ask for anything because everything you need is taken care of. Is this not a great facility?

The first thing that would happen to you when you are regular with prayers is cut off. Your past associations, unless they are meaningful, remain dormant. It is not so easy with the Master once you get into the energy. He will decide whom you are to meet and whom to not. According to the necessity you meet and not according to your wish. When there is no necessity, there is no need for communication. That is how precisely your life is carved. Then you will have a lot of time for doing more

meaningful things. You will have more time practice and study. You will receive teaching from within and that will be confirmed by the books.

That is why I said yesterday "this is not a social club". We are not here just to meet each other and spend time together. We are here to relate to the Master as a group.

Another dimension of prayer is when you sit for prayer, there will be a comfortable warm up within. Your eyes tend to be wet at the end of every prayer. It is so warm within regardless of the outer weather conditions. This warmth is comfortable. It is a warmth that insulates you from the changing weather in the outer. You don't complain about the summer, winter or rainy seasons. The outer world keeps changing but you don't have to change according to the outer world. You are so well guided from within that you always have a spring season within you irrespective of the outer season.

You remain stable within. Then you can see the movement outside. If you are part of the movement, then you do not feel the reeling sensation. The one who is in the wheel feels the reeling sensation. The one who stands out, can see the wheel rotate without getting affected. Today we are very much affected by the seasons because we are more in the body than being. We cannot adopt easily. There are people who don't work if the weather is not comfortable to them. The weather inside does not change. The temperature within is always constant. It is not the temperature of your body but the temperature of your being. We are getting so much accustomed to Air Conditioning that we are not able to live without AC. If one is regular with prayers, you are having a natural comfort within that the outer comforts do not matter. You are comfortable when there is AC and also when there is no AC.

If we observe the story of Rama, he was a prince by birth and he had best of comforts since childhood. He went to the Ashram of Master Vasistha for study and in that ashram, the comforts were nil. He did not complain. He completed his study and went back to the kingdom. He again got back into lot of comforts and then time came for Rama to go to exile into the forest.

On the first day of exile, Lakshmana and Guha were planning on how to arrange for a comfortable bed for Rama to sleep. They discussed a lot of things and finalised something. They went back to Rama and saw that Rama was already sleeping on the ground with no arrangements. So, he could adjust to things so easily.

Remember that if sleep comes to you, you can sleep anywhere. Don't people sleep during prayers. Do we have a nice bed to sleep during prayer? But still people sleep. It tells us that we don't require a bed to sleep, when sleep really comes.

That apart, prayer gives you a comfortable warmth within. It is like a low heat. It is like gradual cooking. The cooking happens better with a low flame. The taste will also be better. Fast cooking will not give that taste. Also, generally the dishes which are cooked with low flame last longer compared to dishes cooked with high flame. Here you are transformed gradually by that heat. So, the slow transformation is what the Master intends to do. All this happens only when you are regular with your prayers. Are you transformed or not is very clearly known by your daily routine. Your daily routine is well organized and convenient for long prayers. When you are within, slowly Master transforms you. You are transformed into an image of God which you truly are; meaning all the non-essentials are removed. You will be joyful to attend to prayers. You don't feel prayer as some compulsion. On the contrary, you are so much oriented and look forward to it.

Master gave us an appointment at every morning and evening. He will respond when we invoke him at 6. If we do not invoke, he goes away. He even gave us a grace period of 13 minutes in case we are bit late. The Master is never late for the appointment. If there is some activity which is stopped you from doing evening prayer, then it is to be put off. Once in a while it is acceptable but not regularly. Once in a while you can seek exemption from Master and do prayer at a later time. Actually, if the morning prayers are happening very well, the Master would ensure that your activity is organized in such a manner that you can do evening prayers as well. If both morning prayers and evening prayers are a casualty, then you are in just a club and not in the path.

If you are regular with prayers, the carving out happens. Master will repair the body in such a manner that slowly it takes to a refined body. The repair is to refine. You shine forth better. The body tissues become lighter and they contribute the Sukra in you which is the 7th tissue. It will lead to formation of Ojas, Tejas and then Brajas in you. The light in you grows. Master EK gave in the invocation "May the light in me be the light before me." The light transmits while you speak if you are a transformed one. That is what "May the sound I utter, reveal the light in me" means.

The beauty is you are moulded. You are repaired and washed while you remain in comfort. Many things are eliminated. Master EK used to say "come to me to get rid of certain things and not to gain more". We gathered so many things that the original got lost amidst the unnecessary. The original is hidden. We actually don't have to get light. We are light but heaped lot of other things which covered the light. Once you are in this practice, the layers are all transformed such that the light can be revealed. When the light is realized in you, that light slowly opens vistas of knowledge.

Therefore, the prayer is the essence of this yoga path. It can take care of everything in your mundane and spiritual lives. It will take care of all dimensions of your life. Why because, through prayers you are inspected, you are advised, you are informed of varieties of life. The prayer offers knowledge. The prayer gives directions. The prayer gives instructions. That is why we are asked to keep a diary to make note of directions and knowledge coming from within. They might be given in a seed form and the seed will gradually reveal as a tree of knowledge as it socks in you.

Therefore, try to be consistent with this simple prayer. Depending upon your consistency and continuity, it opens and opens and puts you to variety of inspirations, grants you lot of knowledge and even puts you to related practices. It becomes a whole-time work. Your outer life becomes so well organised that it is put an auto mode. It is like driving a vehicle in cruise mode. That is how smooth your life becomes. That is how Master MN and Master EK found a great dimension in the work of Master CVV.

Do not think that Master CVV is like any other Master. His work is so grand that he has linked up to the Solar and Cosmic systems and he can enable us to expand even up to the cosmic level. In the evening, I will read out the para to you from 'Spiritual Astrology' about the work of Master CVV. He linked up the Cosmic kundalini to the planetary kundalini and to the kundalini of the individual who practices. He not only attempted to cause transformations to humanity but he also made great contribution to push quality of the planetary life. He initiated all the kingdoms of life on the planet.

It is not such an easy thing as we think but Master made it easy by directly linking to each one of us who invokes CVV. He does not require mediums to link to us. If you are sincere and regular, he will start working with you. He will stay in your heart centre and work with you. He has himself said "This is a direct method. I need no agents". He is a miller. He steps in your mills and cause the transformations need. The prayer is very interesting if we observe the changes happening within. And it is a gradual transformation. Slowly people around you realise and say that you are a changed person because your behaviour is put to refinement which is seen in every dimension of your life.

I am not saying all this for the first time but we have to recollect again and again because we tend to forget. Once you are regular with prayer, you connect to the Master and the Master connects you to many other Masters. He is not a jealous Master. He will allow you to work with many other Masters.

So, think of the prayer as a warm up happening from within. Without this warm up, there is no transformation. When Master started working with his son Chandu, both of them used to drink lot of buttermilk to contain the heat generated.

Through prayers, you are taken in the chamber of your heart. Your relation to the outer world is only up to the essentials. You are not absorbed into the outer world anymore. The outer world does not affect you anymore. You just relate to it. You are carved out and you will then be eligible for doing better things. First thing which happens is your longevity is extended. The death is arrested as long as the work is on with the Master. Your death is in the hands of the Master. It is no more with the angel of death once you are linked with the Master. Death will come only when the Master decides. Master

brought back many mediums to life. He himself demonstrated by departing and entering the body 18 times and also demonstrated it on many of his disciples. When there is a purposeful work happening in you and around you, Master will let to continue in the body. Master can extend your life beyond the natural lifetime. He extended the life of one of his disciples, Sri Poturaju Narasimham, by 31 years.

Master CVV claimed many things which are unbelievable but they are coming to be true as time passes. He made many prophecies which came to be true even regarding the growth of this energy on the planet. I told these things many times though they may have come out in a different order and in a different way but the objective is recollection.

Each one of you should think whether prayer is your priority or not. If not, this is not the path for you. If you are not regular with your prayers, do not hang around in this path because you are only wasting time. If this is your priority, take to it and work with it sincerely and let other things wait. Even the worst things wait when prayer is your priority. You can pray even when you are sick. Prayers might happen more deeply when you are sick because Master is more with you when you are in a crisis.

I might be giving a missionary call with regard to prayer but prayer is so important that its significance is to be recollected again and again so that it remains our priority. We will continue in the evening.

-Swasthi

Discourse 3, 28th May, 2018

Hearty fraternal greetings to all the brothers and the sisters who have gathered here on the most auspicious occasion of 109th May Call as initiated by Master CVV.

(Master is appreciating the group of ladies who have been transcribing the Master's Bhagavatam discourses in Telugu. They have completed transcribing the first 2 cantos and will shortly completely the 3rd Canto as well. Master is now releasing the book on "Ashwini Devas".)

The hymns relating to Ashwini Devas are given in the scripture Mahabharata and Master EK gave a word by word meaning of the hymns from Sanskrit to Telugu and then also gave a commentary on each of them. This came out as a book "Ashwini Devas" and now we are releasing the 4th edition of that book. During the last week in Bangalore, I gave detailed commentary on these hymns.

Coming back to Master CVV yoga, we have been deliberating various aspects of the path. I told you that I would read out the para as it exists in "Spiritual Astrology" regarding the cosmic work of Master CVV. This book is a direct dictation by Master CVV to Master EK. There were 2 books dictated directed by Master CVV to Master EK. During the prayers, Master EK was receiving copious dictations and he was recording them faithfully. When all the recording was done, it turned out to be a grand theme of Astrology in new dimension.

I said in the morning that Master CVV made stunning statements which cannot be accepted easily. However, they are coming out to be true gradually. He promised immortality to those who follow the path. He said that the planets would not work anymore as they used to work earlier and new directions were given to them by the Master. He promised to hasten the evolution with the energy that descended from the Brahman itself. Master CVV himself was referring to THAT energy as Master. We invoke THAT Master during prayer. Even Madam HPB spoke about this energy in her works and she stated that this energy would cause tremendous transformations to the planet, mineral, animal and human kingdoms on this planet. It was expected that there would an avatar that would descent. Certain members of theosophical society even went to the extent of preparing a vehicle as pure as possible for the reception of energy. It was a good intention but already the plan had chosen Master CVV, a very advanced initiate from the Ashram of Sage Agastya.

Master CVV received the energy from Brahma via Varuna, Sirius, Uranus, Regulus and Halley Comet. On 30th March, 1910, this energy touched the planet and Master CVV was already ready to receive it.

It was like receiving a thunder bolt. It cannot happen to any human and it was only possible to a super human like Master CVV to receive that energy. Master conducted lot of experiments with this energy and then on 29th May decided to distribute this energy to the whole planet. During the experiments, many grand beings from Himalayas used to visit the Master to participate in the experiments and to know about the energy. Mother Venkamma was a direct witness to these discussions and experiments.

This energy brought changes even in the working of the planets of this solar system. And accordingly, Master CVV dictated to Master EK the new age astrological principles. I will read out a para from it which mentions the 2-fold work of Master CVV.

"Master C.V.V., whose mission is located in the next sign Aquarius, had a spark of this metal (Uranium) emanating from his heart-lotus. He caused the liberation of the activity produced by it into the cosmic plane of this earth. Thereby, he gave a stimulation to the planetary principles of his disciples. He linked up the activity of the Cosmic Kundalini with that of his followers. He achieved two purposes by doing this. He created a possibility of hastening the spiritual evolution of man without any disturbance to the existing laws of nature. Next, he established a spiritual channel to invoke the cosmic prana principle to aid the workings of its vehicles."

Two purposes are given here. That is why Master CVV gave the mantra "Prana treat, Yoga teach". Treat the prana, make all possible arrangements, ensure the instrument is fit to stand the processes of yoga, gain the necessary dimensions in relation to yoga. How he hastened the process of evolution, that detail I gave in the book "Aquarian Master". Master CVV performed many experiments with this energy and that he when he got into association with the Himalayan Masters. They worked together with this energy for 21 years.

The descent of this energy was similar to descent of Lord Krishna because in both the cases the descent was known to very few. Not even many Seers knew about it. In case of Lord Krishna, even the creator Brahma did not know how he descended. Similarly, this energy descended in its own way and not as many in the theosophical society expected. The energy chose its own path via Sirius, Regulus and Uranus. Uranus is the planetary principle which is now ruling the Aquarian activity and in Spiritual Astrology it has been mentioned how Uranus has been transforming and how it will continue to work for 432 years in lifting the humanity to etheric plane. Already we are seeing its effect in the etheric plane with technology growing rapidly. Things are becoming more and more electronic. The changes are happening so very rapidly in every field of activity.

This book Spiritual Astrology along with the book Esoteric Astrology will help you understand the grand plan for the humanity in these times and for the times to come. It is a cycle of 432 years which has commenced in 1830 with the beginning of Aquarian age. This book is now available in many languages spoken by people across the globe. Even the Western astrologers were amazed to know these dimensions in relation to the planets and the sun signs.

This yoga is called new yoga and the new dimension is to quicken the process of yoga. The 8-fold path of yoga is hastened because the Master works it out in the one who are regular with their prayers. The work that happens due to each prayer happens for 12 hours. So, the effect of your morning prayer continues till the evening prayer.

Master ensures that your abilities expand if you pray regularly. Your work becomes more effective and you stand out among others in your profession. Your will be revealed new dimensions of scriptural knowledge.

Master declared that English would become the universal language and he started giving even mantras in English. He used to give messages only in English during May Call and December call. That is why I also speak only in English during May Call and December Call. All our members should slowly get familiarised with the English language.

So, the new dimension is that the yoga happens faster. To gain the touch of resonance of pulsation is the 4th step of Yoga and it requires lot of effort normally. But Master makes us gain this touch just by invoking the energy intent fully. Let not the invocation be casual. It has to be intentful. When you are receiving a very important person, how attentive you have to be. You have to wait for him and receive him with all veneration. So, the same should be done when you are receiving the Master within. Visualise that you receive the Master, sit at his feet and observe as he works within you. Please remember that the Master permeates the whole ambience. Depending upon the sincerity and regularity of your invocation, and the depth of veneration, he would immediately come and take seat in your heart. He will then conduct everything for us.

Gradually you start listening to invisible voice from within. You get directions to be followed in your daily life. Slowly the Master also starts teaching the wisdom which is necessary for you. Depending upon the need that arises, you will be informed. The knowledge is afresh taught. The knowledge you gain from books is confusing because it is received in a different state of mind while the knowledge received from within is very natural and sinks in very easily. It is like a natural unfoldment of a flower from a tree. If you create the same flower from gathered petals, it will not be as beautiful as the flower coming from a tree. That is the difference between the knowledge you receive from books and knowledge you gain from within. What books did Ramakrishna Paramahansa or Ramana Maharshi read? They received all their knowledge from within.

Master CVV is an adept in all aspects of knowledge. He can teach you knowledge relating to every system of theology. You can easily gain understanding of the deep wisdom involved in any theology. This is possible only when you have an inner connection with the Master.

Master will let you know the purpose of your life very clearly. You will know why you are born in a specific place, in a specific family and so on. The purpose becomes very clear when you are in touch with the Master in the subjectivity, not in the objectivity.

Vivekananda had lot of bookish knowledge of Brahman but had no experience. He could quote anything from Scripture. With all that he was at unrest until he met Ramakrishna. On the other hand, Ramakrishna Paramahansa was experiencing everything without reading any books. He was so joyful. Vivekananda came to know that Ramakrishna is the one who could reveal to him the missing dimension. Ramakrishna tested Vivekananda a lot and when he was convinced by the hunger of Vivekananda, he grants him the experience that Vivekananda was looking for. Just a touch of Ramakrishna made Vivekananda experience Samadhi for hours together. All the knowledge that Vivekananda had was of no use to gain this experience. He required the touch of a Master. It was a magnetic touch which made Vivekananda experience magnetism. Ramakrishna said that this experience is possible for those who constantly relate to the Divine. The iron piece needs to constantly relate to a magnet for itself to become a magnet.

Here Master CVV asked to constantly relate to the Master energy through regular prayers in the morning and evening. You just need to invoke twice a day. If we are sincere and full of intent in our prayer, Master takes care of us. He works with us all during the day if we sincerely prayer during the morning and evening hours.

Master will enable you to experience your original image which is an image of God. The original image got lost with accumulation of lot of unnecessary things around it. The image needs to be carved out again. Master will cause transformation and grant us required knowledge which will enable us realise our true self. The knowledge is direct because you receive it directly from within. The outer books confirm your knowledge received from within because all knowledge in books came from within. This knowledge always remains with you. It cannot be stolen. So, knowledge is basic thing that you encounter when you are regular with your prayers.

Master enables you to learn from within, teach from within and heal from within. Healing is such a simple act in relation to Master CVV. I have myself seen many episodes of healing which have happened due to the touch of the Master energy. The idea is all is possible for the Master because he is a Master of all. Master can transform even a savage to a saint.

Remember that Master CVV never claimed that he is doing all this. It is the Master energy that works through him while he remains impersonal. We too have to learn to be impersonal with regard to this energy because it is omnipresent, omniscient and omnipotent. Nothing can be personalised with regard to this energy. Master EK used to be very impersonal while working with this energy. All the teachings and writings from him were impersonal. So, you be impersonal and let the energy flow into varied dimensions. It will eliminate all your limitations and take you to liberation.

That is why I was highlighting the importance of prayer. All this cannot happen if you are not regular with your prayers. All that you are required to do is to take to the rhythm of prayer. Your whole life is organised so well that you need not bother about it anymore. People complain that they have lot of problems and not able to pray. Problems are always there but if you pray regularly, you are well equipped to attend to those problems. If you skip prayer and attend to a situation, you are more confused. You relate to the Master and he would give you the required clarity in conducting things. So, we grow from personal level to impersonal level. That is what exactly Patanjali says in the 8-fold yoga. As one moves from Pranayama to Pratyahara, one realizes the impersonality of the whole work. Only a child says "I did this" while a knower says "It has happened through me".

Your work becomes more and more impersonal as you progress in the path. Things start happening through you. A knower never says "I did this". Lord Krishna says "See inaction in action and see action in inaction". Therefore, while you are deeper and quieter and stable, many more things happen through you. Otherwise your little life itself becomes a huge burden. It is impersonal dimension that enables you to do thousand things at the same time. Lot of work happens through you effortlessly. Duty comes to you and you just attend to it impersonally. Do not get into others work. You do only what is intended for you. How do you something is intended for you? That you know clearly when you get inside. For everything, you go inside. You can keep knowing things until Brahman from within.

You need not disturb your outer life to follow this path. Master will repair the body without disturbing the outer life. He will even enable you to create better bodies from this physical body. So therefore, this is what we have to re-resolve everything when we meet for either May Call or December Call. Do not deviate from this track. To keep on track, the prayer helps. The Master is available during prayer. We pray to Master to make rectifications and to develop our system. You are seeking transformation and his work is to transform. If you are very sincere, transformation happens so quickly that you can yourself become a Master. That is what happened with Master MN in just 12 years.

Your ability to know grows in a multi-fold manner because knowledge helps you progress in the path. Devotion is also required to help us have the required dedication, patience and interest to remain consistent in the path. But devotion without knowledge will make you superstitious. Knowledge and Devotion are like the two wings required to fly. They should go hand in hand. Devotion is the foundation upon which knowledge has to be built.

From within, you receive the knowledge very afresh. Every time a new dimension is revealed. The knowledge grows in a geometrical progression. It will be surprising to you yourself.

Through this prayer, you are also detached from objectivity. You will be able to experience a state beyond the objectivity where you only experience the pulsation. It is a very blissful state. You need not worry anymore of objective life. It is anyway taken care of. You turn your attention to something more subjective and permanent. The objectivity disappears during prayers and you remain with your pulsating principle. It is so very blissful and there you have different dimensions opened to you. You see things which are not seen earlier. You listen things which you could not hear earlier. When you go to a place, you can see the energy system of that place. You can identify a sacred place though it cannot be observed in the objectivity. It is possible because your equipment is put to that kind of transformation.

You might be even functioning in the night hours as your progress. The Masters are willing to work with you at those hours and set you to different tasks by drawing out the subtle body. They can send you to subtle planes of existence. Master CVV sent many of his disciples to higher planes in that

manner. You are sent there with a purpose. It is not a casual visit. You will not be sent to some other country to visit your relatives or friends. Only when there is a noble purpose, you will be allowed to visit other places or even other planets subtly.

Tomorrow we will cover some more dimensions relating to Master's prayer. This is only a reminder so that we may continue in the path with renewed inspiration.

Thank you. Namaskaram.

Discourse 4, 29th May, 2018

Hearty fraternal greetings to all the brothers and the sisters who have gathered here to experience the presence of the energy that has been transmitted to the planet. The first medium of the energy is Master CVV. The invocation of the energy enables us to experience the bliss of existence. Existence is eternal and we don't need to be told that we exist. There is no belief required there. All other beliefs are secondary. The fundamental is that we all exist. The plant, animal, planet, solar system and so on exist. In that existence, there are periodical formations. Therefore, to relate to existence which we call Brahman, is the objective. Existence is even there when we are in sleep, when we are awake, when we are thinking, when we are desiring and even when we are ignorant. Existence is the basis for all varieties of secondary existences. Therefore, it is this existence which we call Brahman.

To realize Brahman, we need to see the one existence in all. We have no doubt to accept that everything exists as much as we exist. But existence is not only in the form but it is also beyond form. In the forms also, existence is ONE. There is space within this hall and outside the hall but both the spaces are ONE. We named the spaces with different names and started thinking them to be different. But they are all ONE. All is formed upon this one existence. Everything is created in ONE space. So many things are formed upon the base which we call existence. The solar systems, planets and the beings are all formed upon the basis of existence. We don't have to create faith and brainwash people for them to know that they exist. Upon this existence, millions of forms emerge and again dissolve into it. Emergence and merging happen alternating as a play upon the basis of existence.

So, we wish to relate to the very fundamental basis of our being which is existence. That eternal existence is called Brahman or Satyam or Para. Para means beyond; beyond your comprehension. No one can comprehend it. A part cannot comprehend the whole. We do not know how we exist in sleep. We just know what we exist during sleep. That is why we confidently sleep. Otherwise we might be making efforts not to sleep.

We exist irrespective of our awareness of existence. And we eternally exist as existence itself. Each one of us is a unit of existence to start with. Then we have a formation over this existence. It is like a bubble in space. There is space within the bubble and also outside it. The bubble is formed in a small unit of space. Just because we have developed a form, we start believing that we are our forms and we make lot of photographs of this form and share all around. This form keeps changing and one day it disappears. All that emerged from existence has a periodicity. It emerges, grows, recedes and finally disappears into existence. So only existence is eternal.

The first emergence from that existence is what is called awareness. Unless there is awareness, subsequent manifestations do not happen. When we awaken, we know that we are existence. We are in state of awareness of existence. When the television is switched off, no images or videos can be seen on it. When there is no electricity, nothing can be seen on the television irrespective of how good a television you have. When the television is ON, it is like the emergence of awareness. Then we can watch all sorts of things on that television screen. You can watch different channels. This is what happens in our life as well. We awaken every morning like a switch ON. It is switched on for us. We do not awaken on our own. There is something that awakens us from within. The same thing is what puts us to sleep. So, sleeping and awakening from sleep is not in our hands.

Once the screen is switched on, we start playing our games. We are sent into field every morning to play. Awareness has various degrees according to which different people operate. Existence is common to all. You cannot name something which is not existing in this creation. You may have experienced it or not but you cannot deny existence. And anything which is existing will always continue to exist eternally though the forms keep changing.

In this grand scheme, we are insignificant. Annamacharya says "even the names of the creators of previous creations have been forgotten, why to crave to gain importance for your name?" We know the creator for present creation as Padmabhu. That too because of the Seers who informed us. What about the name of the previous creators? We don't know their names. We don't know the names of ones who have done grand work in the past. Even if such names were forgotten, what is the point in trying to think that we are special. We are not so important as we feel. Everyone is existing as much as we are. It is all the play of awareness on the background of existence. All Masters and Avatars see this creation as a play.

When we are awakened, we should relate to existence. Contemplate on from where we have awakened. Likewise, while sleeping, contemplate on where we are going during sleep. Every sleep is a return into pure existence and every awakening is a return into the world. The pure state of awareness after awakening is what is called an emergence of existence. And pure existence and pure awareness are worshipped as the father and the mother. They are not actually two but ONE appearing as two. Pure existence and pure awareness are ONE though they appear as 2.

In the universal existence, we are apparent units of existence. We are like the waves in an ocean. Waves appear different from the ocean but they are part of the ocean. Without ocean, there is no wave. The difference is only apparent. There is no independent existence as such. When awareness emerges from existence, it comes in its pure state. We have a pure state of awareness when we wake up from sleep. That awareness undergoes many changes as we start working the day. All thoughts and actions happen due to this awareness. This existence-awareness combination is called male-female god in creation. It is also called SAT-CHIT in Sanskrit.

As only existence, we do not have any experience. Only when we have awareness, we can experience. Awareness emerges from existence and merges back into it. That is what we also call Shiva and Shakti. Shakti emerges from Shiva and merges back into Shiva. Shakti creates 8 folds of creation and at no time it disassociates with Shiva. Our problem is we disassociate with basis (Shiva/Existence) and start playing. When you lose the basis, you don't remain stable. Therefore, when we think of God/Guru we should think of existence-awareness double. Shankaracharya wrote the Gurupadukastrotra by visualising this existence as Guru.

Existence is common for all. There cannot be more existence and less existence. There can be more and less awareness. At the state of existence, all is ONE. Not in other states. People say "we are all equal". We are equal as existence. We are not at all equal as awareness. So, we cannot say that we are all equal at all levels. We are equal only at the level of existence, otherwise not. A dog cannot be equal to a lion. When you relate to existence, they are equal but not at other levels.

One is considered stable when one is with existence because existence is immutable and eternal. We all have awareness but in different states. It is because we step down into 3 qualities relating to us. We enter into a triangle. An awakened seer can relate to existence and remain stable. That is what we are also suggested to do when we wake up from sleep. But the will puts you into action very quickly after awakening. As a result, pure awareness is lost almost immediately after you wake up.

There are people who so hyperactive after waking up. And there are people who are very slow to get into activity. It is due to inertia. Former is like a horse. Horses don't sleep. They only take rest. So, there are horse like beings who run immediately after waking up. Then there are bull like beings who have lot of inertia.

Apart from these 2, there are beings who are neither fast nor slow. They enter into the field of action with poise. How long you retain this poise, so long you conduct activity in an orderly manner. Then

neither you are late nor too early to things. That is why we are instructed to enter into our routine in a poised manner. A poised one can experience every action.

So, a wide variety of people can be seen depending on the triangular qualities that one possesses. We are all sure to enter this triangle every morning. You should try to be more with poise. A poised one also remains in present. Do not brush your teeth thinking of coffee. Do not drink coffee thinking of something else. These might be small things but they have wider impact on your work. If you cannot experience smaller things, how can you experience bigger things. Experience every small activity in your life. Experience the joy of brushing the teeth when doing that, experience the joy of bathing when you are taking a bath and so on. So, experience everything in your life because the creation was made for experience. THAT is full of experience. THAT intends joy and experience to all the beings. In everything that you do, you can take the experience of it when you remain in Satwa (poise). Generally, we are lost in thoughts just after we wake up. Pray to the existence and awareness (father-mother) for waking us up and then get into activity with poise.

From the state of 10 which is existence, we step down as 9 which is awareness and then we have the will, knowledge and action (8,7,6). The 10 and 9 step down along with you into this triangle. They stay beyond as well. We relate to the world with the help of will, knowledge and activity. Depending upon the knowledge that you have, you have an ability to relate. The inability to relate is what is called absence of wisdom. You should be able to relate to everyone and everything around you. That is wisdom. How do you relate to a book? How do you relate to yourself? How do you relate to your neighbour? How do you relate to plant or animal? How do you relate to superior or sub-ordinate? How do you relate to your friend or stranger? If you have the right knowledge, you can relate to all the 7 sub-planes of each of the 3 worlds of matter, force and consciousness. Every day we are functioning in all these 3 worlds. We are the one beyond the 3 worlds. From beyond, we enter into these 3 worlds. When we know how to relate, we have complete experience of the creation. It gives us the needed joy. That is why the whole wisdom is about how to relate. Whenever we relate well we get joy and wherever we do not relate well, we do not get joy and have mixed experiences. You need to know how to relate to others. How others relate to you is not your concern.

When a person you know comes across you, you be the first one to greet the person. Just a smile is enough. It does not matter if the other person smiles or not. After the greeting, you need not continue unless the other person speaks something. After greeting, just respond based on what the other person speaks. Pro-active is not wisdom. A hearty response is wisdom. The whole life is responding to events, not creating events. Krishna tells Arjuna not to begin the war. He told him to wait for the Kauravas to initiate the war because they wanted to fight and not Pandavas. Krishna and Rama did not initiate anything in their lives. They just responded to events. There is already enough in this world for us to respond. Don't create anymore. Just be responsive. Don't attribute anything to yourself. That is why they say speaking in passive voice is better than speaking in active voice. Remain a third person at all times. Let things happen through you. Everything that you are obligated to do will anyway come to you and let it happen.

So, we all have the triangular activity of will, knowledge and action. That means the soul's quality is will, knowledge and activity. That is what is represented as a triangle with a centre point. What kind of will you have, knowledge you hold and activity you do is a different matter but you have a triangle. It can be observed in every activity that we do. The 3 logos are present in this triangle and as a result, they are ever present with us. Existence, awareness and this triangle are called the Divine five. They are also referred to as the five heads of God. That is why we have many deities given with 5 heads. Many people speak of different God forms with 5 heads but they do not know what those 5 heads mean. Not only God, you also have these 5 heads. You have a body which is 5-fold. We are 5-fold and we hold onto a 5-fold body. We hold to a 5-fold body which has 5 senses, 5 sensations, 5 organs of action and 5 pulsations. And these can be related to the 5 elements in creation. That is why the body is called makara meaning the 5-fold one.

In this field of 5 elements, you relate with the 5-fold body but you are not the body. The body is just a vehicle to express yourself in this creation. So, you are 10-fold. Existence and awareness descend

into the triangle and then into the 5-fold body. This triangle and 5-fold form make up the 8-fold creation. So it is a 4 state descent – Existence, awareness, triangular activity and 5-fold body.

When we get down from existence into awareness and this triangle, we need to set the triangle properly as an equilateral triangle. Gain the knowledge to function well with the system given to you. Without knowledge, nothing can be experienced. When you buy an equipment, it comes with a manual. Read the manual well enough to use the equipment properly. Similarly, you need knowledge to function well with this body. You should know the constitution of yourself. Without knowing all this, we try to do things and end up doing unwanted things. We do lot of things without knowing why we are doing. People just follow others without knowing why. It is like ignorant following the ignorant. We do things just because people before us did it without knowing why. That is how we are. It is just blind following the blind. Not knowing and trying to do things is never recommended. We do lot of things without knowing why we are doing. How can you do something without knowing how to do or why to do? How can you drive a car without knowing how to drive? This body is the best of the vehicles made in this creation and how can we operate it without knowing how.

I told a story long back in Gurupujas. There was a public bus service for pilgrims going on a pilgrimage. The bus broke down during the travel and repair was being done by the bus driver and conductor. One fellow came out of the bus and started looking at the night sky. Another passenger came and he saw the first one looking at the sky. So, he also started looking at the sky. Then one by one rest of the passengers too came out and started looking at the sky. In the meanwhile, the driver and the conductor repaired the bus and then saw the whole group looking at the sky. They announced that the bus is ready to go and asked the last passenger to get out of the bus “what were you watching in the sky?” He replied “I don’t know. The one before me was watching, so I too was watching.” So, when that person was asked, he gave the same reply. This went on until they stumbled upon the one who started looking at the sky in the first place. No one after him knew why they were looking at the sky. They all asked him “What is that you were seeing?” He replied “I am not looking at anything. I have a problem with the neck. So, I was just stretching it by looking up”. That is how we are. I say many such examples of people doing things without knowing why and how. It is just hyperactivity without knowledge.

Knowledge should improve on a day to day basis. Grow in knowledge. It would be nice if we had a weighing machine to weigh knowledge. Without knowing, do not do things. Without knowledge, the ability would be not there. We just get some random thoughts and start doing. As a result, the action would not have long lasting effect. Look at the Seers. If they have set up something, it survives cycles of time. It is because they gained immortality and the acts that happened through them also gained immortality.

So, what is important is ‘try to know yourself and try to be in the immortal part of your being’. Then your actions would be actions of knowledge. This is the message for may call. Know existence and awareness and how they get down into the 8-fold creation. “May we live with awareness of our background”. The background of our activity is awareness and the background of awareness is existence. This existence-awareness is what we call God. We have given it many names depending on the different states of functioning but they are all ONE. Look to the source and not just to the secondary manifestations. Through the secondary manifestations, look to the source.

Brahman is available in everything that exists. It is so visible. Unless you are blind, you are not willing to look to it. It is the willingness to look to that reveals to you. Every day, we step down from that 10th state into 9 other states every morning and ascend back to the 10th state every night. Ascent of man is eagle and descent of man is serpent which happens to be the occult meditation for the day. This ascent and descent is what is called Narayana. Ayana means the movement, Na is movement from outside to within while Ra is the movement from within to outside. That is how the word Narayana came. We call the ONE who is presiding over this movement as ‘Narayana’.

So, this process of ascent and descent happens daily in your spinal column where you have the Sushumna. It is filled with existence which appears like a space or vacuum within. Within that space, this movement happens. Remember that this theme has been presented in thousands of ways and in

thousands of dimensions. If you know the basic theme, then you can easily understand all the dimensions given. Different theologies are given with theme as the basis. They are given different names and as a result we get confused.

What is the important is start with you and understand yourself. Then you can understand every deity given in the Scriptures. That is how the Seers have done. They have seen within. Let 'Man know thyself' be our objective. If one ceases to be ignorant, there is one less ignorant person. That is why Pythagoras said "before you depart from this body, reduce the world by one fool which is you." Veda Vyasa also asks the one who realised this knowledge to pass it onto to others so others too can realise this knowledge. Pass it only to those who wish to seek from you. Do not have the anxiety to enlighten the whole world. Do not try to be an example for others. If others find an example in you or seek from you, then it is fine. Just try to enlighten yourself and in that light, others can find their own light.

Thank you one and all. We continue in the evening. We have a studied programme today. We go through the whole thing with poise and fulfil the day. Namaskaram.

Discourse 5, 29th May, 2018

A small booklet in relation to the integral yoga of the Master is brought out for the benefit of all the members. This will be distributed to everyone who have gathered here for May Call.

The centre in Bangalore developed a studio in the first floor of this building where they made recording with my voice of all that we change. The Vedic hymns, stotrams, etc. They are made available online and instructions on how to download them to will informed to the groups. (The content is now being released online by Master. Master is reading out the list of stotrams which have been recorded. One can check this link to listen or download the audio files: <http://www.masters-call.net/pcast/chantings/>)

I have given 2 different statements to Brother Navaneetam to bring out bookmarks for may Call. One is "God is existence. Experience the existence. Belief is needless." I have spoken about this in the morning. Existence needs not belief. We all know that we exist. That we exist is the basic fundamental state. We exist eternally, therefore we are called beings. Beness is existence. All that is built up over existence may change but existence remains. To know that we do exist is to know there is God. Once we reach Samadhi state, there is only existence and there is no awareness. With the existence as the basis, awareness emerges and it undergoes many transformations. All that is built up on existence keeps changes. So, if we associate with existence, we stand as an eternal and stable one. Then we can observe and experience everything that is changing over existence. Such a one is not affected by anything in this creation. Such a state can be attained through regular practice. Existence is also called Brahman in the Scriptures. I explained in the morning how the creation emerges in 9 steps with the existence as basis. First the awareness emerges and then the 8-fold creation.

You can relate to existence through contemplation. Therefore, faith is not needed to relate to God because we know that existence is. There is a part of you which is not mutable and a part which is mutable. That mutation of awareness leads you to varieties of thoughts, speeches and actions. If you remain in the non-mutable part, you can observe the mutations without getting affected. So much of mutation keeps happening with all the beings in the world. That is what is seen as the play of awareness. It is called in Sanskrit as 'Chaitanya Vilasa' or 'Sri Vilasa'. 'Sri' includes the triangle of will, knowledge and action. This triangle puts the awareness to a lot of mutations on the basis of existence. If you are with the existence and observe through awareness, then you can remain stone stable. To more or less stabilise the awareness is one of the primary objectives of practice because that enables you to experience the creation very well. Stability enables you to see the existence. I have given the example of the silver screen. There is the screen, then there is the lit screen and then there is the imagery projected on the screen. The middle state in which light falls on the screen but the imagery is yet to come, that can be compared to the stable awareness.

So, you do not require faith to relate to existence. That is why yoga does not demand faith. It only demands an inquiring awareness. You should inquire within. It is one dimension by which Seers remain stable for all times to come and they know the time, the place and they know what exactly is to be done within the coordinates of time and space. That is how they work. The change in the form does not affect them because know that this form is the ultimate precipitate of awareness. Such a one can become a Guru.

A guru is one who is stable and those who are around him will also gain stability. That is why when you meet a Satguru you are quietened very perceptively. That quiet is very comfortable. It is because his state of stability absorbs all your mutations. So, stability can be attained with the help and presence of a Guru. This stability is what Master CVV intends to present us. The deeper you go within your being, the more stable you are. When you are stable and not circumscribed by thoughts, your presence permeates into the surroundings. As the presence permeates, the poise prevails. Gradually in its depth, bliss prevails.

Master MN was highly hyperactive being. He was so restless and could not find peace with himself. So, he went to meet Master CVV when he heard of him. When Master MN went there, Master CVV asked "For what have you come?" Master MN replied "I have come to gain peace". Master CVV immediately said "it is granted". From that moment itself, great transformation started happening in Master MN and he was completely transformed in 12 years through his sincere practice. Master CVV himself said to Master MN "You have gained what is to be gained. Now you can start transmitting." And gave the title "Little Master" to Master MN. That means one can gain stability and peace in the presence of a Master. We have many such stories of Masters and disciples.

Only when you are stable, you can feel the bliss of your existence. Bliss of existence is most proximate to you. Only we deny to ourselves. There are people who are very blissful at all times. They always carry a smile at all times. Lord Krishna is ideal among such ones. Krishna always used to smile even in the worst of situations because he knows it is all the play of awareness. Just by his look, Krishna could grant stability to the ones into whose eyes he looked.

That is how the awareness which is ever moving tires you out completely. People get tired out of their own thoughts. You start fresh in the morning but by the evening you are tired. You are more tired if you are unstable in nature. In fact, a stable one can do lot more work compared to those not so very stable. That is how Masters can do grand work without getting tired at all.

Remember that we are all in existence and periodically we spring into awareness. In the morning, we spring into awareness and when we sleep at night, the awareness is again absorbed into existence. So, the whole game is that of awareness upon the platform of existence. To relate to awareness, we have to stabilise our awareness. To stabilise awareness, we have to recollect existence. To relate to awareness is relate to Brahman. It is to enter into a state of pure existence. This happens sometimes during prayers.

The ones who relate to existence and can go into an absorbed state are the ones who can permeate into the surroundings. That is how a Siddha sitting with closed eyes permeates into the surroundings and affects the surroundings. That is how when someone is entering into the Ashram of a Master, the Master knows immediately because he permeates. Agastya knew immediately when Rama entered into the aura of his Ashram which ranged up to some miles. Even Rama knew that are about to get closer to the Ashram of Agastya. It was possible to both Rama and Agastya because of their stability and permeation.

In South America, there is a nation called Venezuela. In that country, there is a group who keep meditating and following the path of 7th ray Master called Count St. Germain. They have been working with the teachings and rhythms of Master for over 25 years. Every full moon they used to go the feet of a sacred mountain named 'Avila' for meditation. After some years, they heard a voice that it is time that they come in contact with Master Jupiter or Sage Agastya. In present times, Master Agastya is working through Master CVV. So, they were looking for information relating to Master Jupiter and his teachings. They went on contemplating and they found that there is an Indian who is giving teachings

of Master Jupiter. So, they came in touch with me and they invited me. I didn't know all this. They took me straight away to the mount and asked me "Please tell us what the purpose of our invitation to you here." I related to Master CVV to know what to do. We sat for meditation together and they had a good experience of the Master. They asked me to show the picture of Master I follow and I showed them the picture of Master CVV and from that day they started following him. That is how the Master permeates all over the planet. Master CVV said "I am initiating the whole planet and the entire humanity".

We think grand Masters sit in a place doing nothing but they can permeate all over the planet by sitting at a place. So existence is all permeating and those relating to it become all permeating. The energy that came to Master CVV came from Brahman or existence itself and that is why it is all permeating, not only on this planet but it also permeates at solar and cosmic levels. He gave new functions to planets. You refer to the book "Uranus" for more details.

This energy works in wonderful ways. It neutralises karma in mysterious ways and cleared fast. Master has very different and mystical ways of clearing things. Master CVV clears karma even through dreams and thoughts. In the dream, when you experience it, it appears real but once you come out, you know that it is just a dream. So, like that, through dream he clears karma. Master found variety of ways through which the luggage of karma, which holds back the progress of the humans is cleared faster. Healing also happens in very peculiar ways. Teaching also happens in many ways. Though you might receive the mantra / prayer through a medium, Master directly works with each one of us because he is an embodiment of existence. He can work with each one of us simultaneously. You look to him, you are stilled. You cannot find any expression in him in the picture that we use. As you look to him in his eyes, you also become stable. Master suggested that only that picture is to be used during prayers.

Master said no lamps and candles are necessary. Just light an incense to purify the air around. It is because the Master works through air in the Aquarian age which is an airy sign. In this age, purification happens through air. The work is through the air. Air is the 4th element. Purifying through air, he puts you to Akasha. The work of Master is mostly through the pulsating principle. That is why he asks us to turn inward and observe. When you follow your respiration and go inside, you touch upon pulsation when the inhalation and exhalation gain their equilibrium. When this happens during prayer, you gain a warmth within. I told you about this yesterday. Warmth is an indication of fusion of fires within us. It is the fusion of latent heat which exists in the cells of the body, with the active heat that is generated during respiration. When active heat fuses with latent heat, it results in the emergence of fire which we call kundalini fire. When the kundalini fire moves up to the heart, you enter into the field of light. When you practice for many years experiencing the field of light, you are transformed by the impact of the light. The body tissues are transmuted. Body cells can full of dynamism or inertia and they need to put to poise. This happens gradually when you are in the field of light. It is like cooking happening in a low flame. It would cause transmutation to the body and the cells of the body tend to be light. They tend to release themselves from the mass of the matter. They tend to be transparent and gain more and more light. That is how the subtle body is formed. If you are regular with prayer for many years, this formation will gradually happen.

When you are curious enough and when you have enough hunger to know how pulsation is happening, you keenly listen to it. When you go near to it, it draws you deeper and then you enter into subtle pulsation. That is when the kundalini fire is formed and you enter into a field of light. When you are continuously in this field of light, slowly the body cells lose their weight. Anything that is put to cooking loses its heaviness. You can eat potato or rice after they are cooked because they become lighter. The same happens with the cells of the body. They become lighter through transmutation. This is actually the 4th stage of Yoga as per Patanjali but Master takes you to that stage directly provided you are regular with prayers. It is like straightaway getting admission into 4th standard of school. That is the beauty of this path in Aquarian age. It lets you gain time and space. Yoga is also put to Aquarian dimension. That is why Master said that 12 years are sufficient to gain the subtle body if one is intense enough in prayers. You should aspire to go deeper into your own being.

So, when you go deep within, the first things that happens is transmutation of the body cells. Then your 7th tissue called Sukra starts gaining Ojas and Tejas. These will result in the person having

magnetic quality. Your speech quality and tone will change and tend to be magnetic. When you speak, people are easily attracted. It is all on account of the transmutation of the body.

After transmutation, it is transcendence. That is when you start moving up from heart centre with the help of Udana pulsation, you start moving towards sky. Master puts you to the functioning of air which is most proximate to sky. Air is the element most proximate to the sky. From Akasa, the air emerges. Therefore there is moving up and then you have many visions of Ashrams and sacred objects in subtle places around you. You will feel the movement of sacred beings in the subtle planes. So, as you move up from heart centre to throat centre, you move up to sky. The throat centre corresponds to Akasa or sky principle. Therefore, to get to vertical movement is the first step of Yoga. So first we have to associate with pulsating principle. The awareness should join with pulsating principle. It is the consciousness and prana coming together. They together can lead you to higher centres. Along the way, you gain lot of knowledge and subtle experiences. All the knowledge that is required by you, comes to you.

This whole process is conducted with the help of air in you. That is why air is called the perceptible god that can lead you to the invisible God. We want to see God but we cannot see him. So people question “how can you say he is there if he cannot be seen?” For them, the answer is air. Air is the element which exists but cannot be seen. So, it tells us that there are things which cannot be seen but exist. It can lead us to the invisible from the visible. That is why air is called perceptible God.

As you go up to throat centre, already there is much transformation happening in the tissues of the body and you are engaged more and more with field of light and sound. As you continue your practice, you move forward. You can go up to the brow centre with the help of pulsation. That is when the higher bridge comes into picture. As you keep practicing at brow centre, the higher bridge starts forming from Ajna to Brow. When you reach Ajna, you are in the Dhyana step (7th step) of yoga. Then we can further go up to Sahasrara. All that is possible only for the one who goes inside. Only the one who goes inside can remain stable. We are given the symbol of Tortoise to indicate stability. Tortoise withdraws when it is not required to stay out. We too should do the same to gain stability.

Once you reach the Brow centre, your perceptions are different from those of others. Others see from surroundings while the one in Brow Centre sees from above. Your perception is from above downwards. You perceive from that state and speak, you perceive from that state and write. That is how impressional writings happen. Perception, conception and delivery – this is how the word is at work. You perceive vertically and distribute horizontally. Receive from higher circles and distribute in lower circles. That is the beauty.

That is the way for us in this path. The path is through the inner column within. You are that column of light. That light is all permeating and is also in you. In that light when you stay, transmutation, transcendence and finally transformation happens. Transformation results in formation of subtle body. That body helps us to move out from the Ajna. Formation of that body is what Master CVV promised. That is called the golden body which has much higher longevity compared to the physical body. Then there is the formation of causal body which is a body of diamond light. It has even higher longevity. You can move from physical into those bodies and do much grander work. Masters of Wisdom work with all the 3 bodies depending on which plane the work is to happen. So, we have a house and we can build two more houses with the help of this house. These houses facilitate continuity of consciousness. You can move from one physical form to another without any loss of consciousness. So, death becomes very simple. There is no crisis. Death is a departure for those who are prepared. You can prepare for death every night. Bedroom is a death room according to Master CVV. Let your sleep be a preparation of death. Let your bedroom be well arranged with a fragrance in the room. Then while sleeping, restore the body to the 5 elements, restore the 5 senses to the intelligences called Prachetas, restore the mind to Manu and then you are left as pulsation. Just relate to it until sleep comes. If you do it daily, then you gradually come to know of a path out of this body. Once you know the path, when the time for death comes, you can depart like a king.

Master CVV even demonstrated that one can depart and enter the body at will. He even demonstrated it on his wife and disciples. He did it when lot of learned people around were observing. He promised

that he would grant this ability to everyone who follow him. He promised immortality and realization of Brahman to all.

Immortality does not mean that you will stay in the body forever. You cannot stay in the body forever. It cannot function after certain time. Why to continue living in a non-functional body? Why not move to a new and much better form? So, immortality only ensures that you move from one form to another without any discontinuity in consciousness.

Master CVV promised that he who so ever relates to him and follows his path, he would make that person equal to him. When one asked him "Who are you?" He said "I AM Brahman". He said it very clearly. Statements like these used to stun his followers. That is why many people who stayed proximate to him could not understand his greatness. It is always like that. Just under the lamp, there is the shade. The light is all around but not under the lamp. Groping for light under the shadow of lamp is the typical character of this age. In Kumbakonam, hardly anyone bothered about the Master, even today. That is why Jesus said "No prophet is appreciated in him own land". He was also not accepted in the proximity.

So, Master is Brahman himself. He received the energy coming from Brahman and the energy is Aquarian. The impact is that of Uranus. There are many more dimensions relating to Master which one can know by reading the book "The Aquarian Master". They are very profound. Also, please read the books "Aquarian Cross" and "Uranus". Then you get many more dimensions relating to Master CVV.

This information is given to you so that you become more regular in your prayers and relate to the Master with more veneration, aspiration and dedication. If you are regular with your prayers, Master May Call becomes Master Calls. "Master May Call" is a chance situation while "Master Calls" is a certain situation. So, may we be blessed to receive the Master's Call. I am thankful to you all for all that you have absorbed during these 2 and half days.

Before we conclude, there is a bookmark to release "Pure faith enables higher cooperation". This is a diagonally opposite bookmark to what we have been discussing that relating to existence does not require faith. They complement each other. Faith moves mountains. This bookmark is for those who have faith naturally in their energy. Faith without any conditions results in higher cooperation. Cooperation in creation is possible from any dimension provided you have complete faith. However, not all are gifted with faith. That is another dimension. Gift of faith is by the grace of Divine. Only some have it. Those who do not have it, go by the first bookmark. Those who have, go by the second bookmark. If you are gifted with faith, appropriately use it.

Tomorrow morning, we will have prayer followed by Question and Answer session.

-Swasthi